

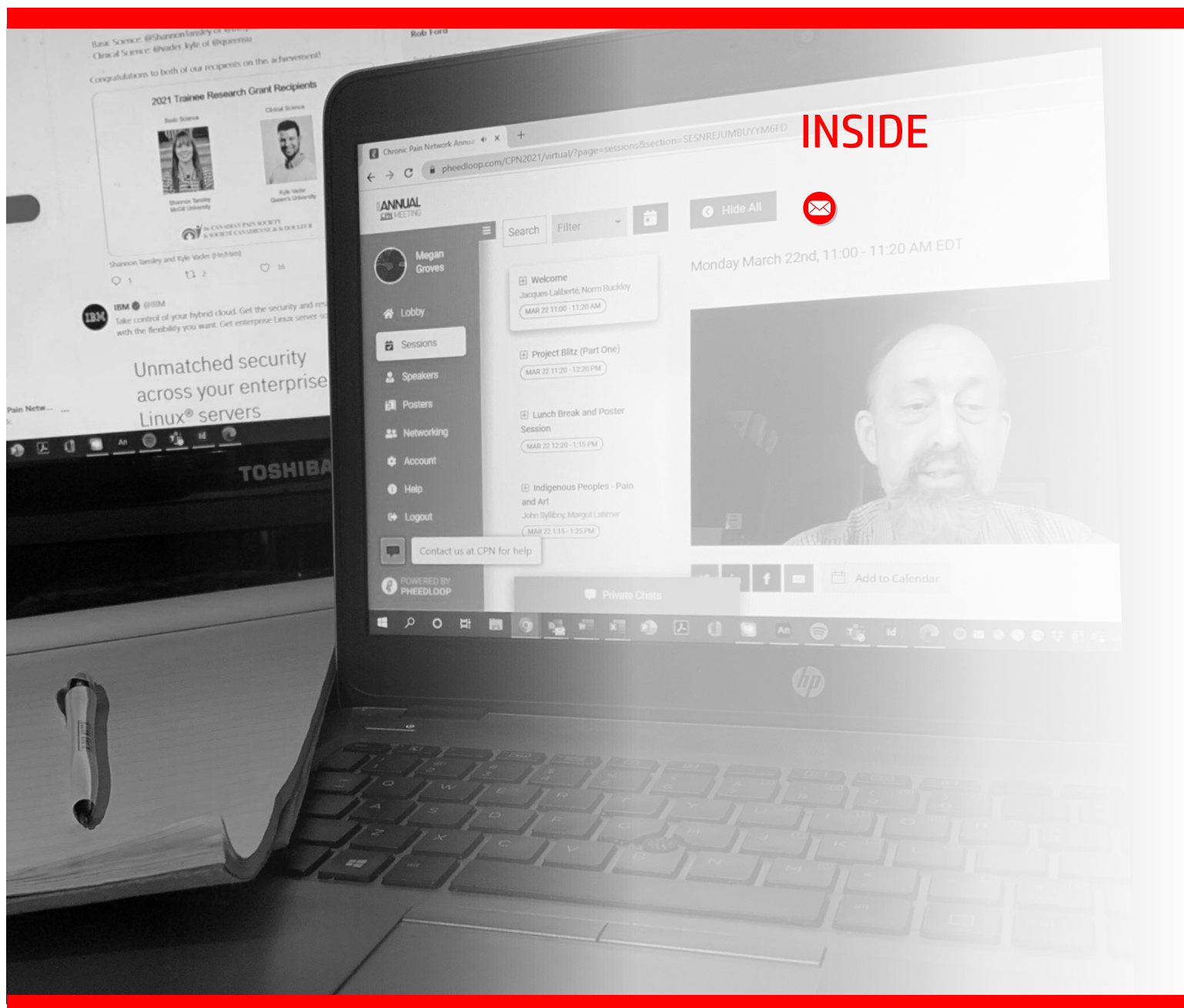
CPN

CHRONIC PAIN NETWORK

MAY
2021

NETWORK NEWSLETTER

A CHRONIC PAIN NETWORK UPDATE



Strategy for Patient-Oriented Research

SPOR
Putting Patients First



CIHR IRSC
Canadian Institutes of Health Research
Instituts de recherche en santé du Canada

FOLLOW US ON SOCIAL
SEE NETWORK NEWS AS IT HAPPENS



@cpn_rdc



@cpn.rdc

A message from the Scientific Director

Network updates from Dr. Norman Buckley



A year into the pandemic, and we're still adjusting to the new normal. With one in four Canadians now having received a COVID-19 vaccination, we are hopeful that we'll soon have the opportunity to hold meetings and conferences in person once more. In the meantime we hope for the best for our colleagues who are facing the demands of sicker patients entering hospitals, and for those who face delays in important healthcare as resources are diverted to COVID needs.

In March, the Network held its annual meeting using a virtual conferencing

platform. While we have been utilizing Zoom for quite some time to hold meetings, our coordinating centre team learned to mount a meeting using the Pheedloop virtual platform which offered opportunities to review posters and interact online with colleagues. Pre-recorded sessions blended seamlessly with live panels and sessions remain available for latecomers to review the remarkable achievements of the Network this past year. The meeting focus was on how the Network had facilitated research which might not otherwise have occurred and nudged researchers into new areas of experience in collaborating with those with lived experience. Even though we consider the meeting to have been a huge success, we still hope to have the chance to meet in person before the official end of the Network's funding in March 2022.

April saw members of the Chronic Pain Network taking part in the Canadian Pain Society's Annual Scientific Meeting. Panel presentations that had been derailed by the chaos of 2020 were finally able to take place, and we could

not be more proud of all the Network members who took place in panel presentations and presented posters. If you have the opportunity, be sure to watch the recording of the session featuring the Network's very own People with Lived Experience.

The Canadian Pain Task Force released its final report this month. We are hopeful to continue with the momentum created by the Task Force and do our part to help facilitate the implementation of their recommendations in order to see lasting positive change for Canadians living with chronic pain.

Along a similar vein to implementing lasting change, a National Train Entity in Patient Oriented Research has received funding from CIHR. The National Training Entity seeks to bring all Patient Oriented Research training initiatives under one roof, leveraging the expertise and experience of the Chronic Pain Community.

While the sky may still be overcast, we are hopeful that this is the beginning of brighter days that are just around the corner.

Innovation in the Works

Collaborating with GAPPa and PainBC on First-of-its-Kind Conference

The Chronic Pain Network is excited to collaborate with the International Association of the Study of Pain's (IASP) Global Alliance of Partners for Pain Advocacy (GAPPa) and PainBC to organize a first-of-its-kind conference for People with Lived Experience (PWLE).

The idea, which got its start in a conversation in a chatroom at the Pain Society of Alberta 2020 Conference, first floated past the Chronic Pain Network's Patient Engagement (PE) committee in November. Committee members Jennifer Daly-Cyr and

Therese Lane took on the task of performing an environmental scan and speaking with Joletta Belton and Keith Meldrum, and it was determined that a gap exists in the conference space for Persons with Lived Experience (PWLE).

The committee agreed it was an idea worth pursuing and an international planning committee was formed. The work within the planning committee, led by GAPPa, has already begun and more information will be shared once plans are finalized.

"We are thrilled to shine the light

on what the Patient Engagement Committee is working on with patient engagement," said Jennifer Daly-Cyr.

CPN members on the planning committee include Jennifer Daly-Cyr, Therese Lane, Delane Linkiewicz and Dawn Richards.

You can learn more about the work of the Chronic Pain Network's Patient Engagement committee and initiatives they have led by visiting the Network's website:

<http://cpn-rdc.ca/patient-engagement>

A Virtual Success: Highlights from the Chronic Pain Network's 2021 Virtual Annual Meeting

After countless hours of planning, the Chronic Pain Network's 2021 Annual Meeting went off, largely, without a hitch. From the comfort of their own homes, attendees spent a cumulative eight hours, over two days, catching up on Network activities through a mix of live and pre-recorded sessions.

Highlights from Day One of the meeting include the Project Blitz sessions, composed 3-5 minute videos from each Network-funded project, discussing the implications of their research for Canadians and the impact the Network had on their project.

Attendees were also treated to a special video, from Aboriginal Children's Hurt and Healing Initiative, entitled "Shifting Ground Through Art: Establishing Safe Approaches to Share & Manage Pain," which uses the Art Gallery of Nova Scotia and the work of Indigenous artists like Kent Monkman as a backdrop to explore the use of art as a medium to understand Indigenous history, including the expression of

Aboriginal Children's Hurt and Healing Initiative Co-Leads Margot Latimer and John R. Sylliboy discuss working with the Art Gallery of Nova Scotia and Indigenous artist Alan Sylliboy to help them engage Indigenous communities and Indigenous youth to express themselves through their art and the knowledge can be shared with health professionals to improve care.



pain and trauma.

Day Two of the meeting examined the impact the Network has had on partnering organizations and the creation of new initiatives, with representatives from the Canadian Pain Task Force, GAPPA and the Chronic Pain Centre of Excellence for Canadian Veterans discussing the influence of the Network on their organizations.

Lessons Learned and Legacy Items, with Manon Choiniere, Nader Ghasemlou, Ian Gilron, Maria Hudspith, Therese Lane, Margot Latimer and John R. Sylliboy participated in a panel

discussion about Lessons Learned and Network Legacy Items. This was followed by quick presentations from Kyle Vader and Rob Bonin discussing Training, mentoring and education.

The meeting concluded with a discussion of Network Celebrations and Successes, featuring Mary Brachaniec, Jennifer Daly-Cyr, Thomas Hadjistavropoulos, Melanie Noel and John R. Sylliboy.

Thank you, everyone, for a successful meeting!

Recordings of the session are available on the Network's website at:
<http://cpn-rdc.ca/2021-annual-meeting>

Canadian Pain Society: 2021 Annual Scientific Meeting

There was plenty of Chronic Pain Network (CPN) representation at the Canadian Pain Society's 2021 Annual Scientific meeting, held April 28-30.

"Although this meeting is occurring virtually, using modern technology, each of our locations is rich with history and tradition that we honour," said current President of the Canadian Pain Society and CPN Principal Applicant, Karen Davis, during a land acknowledgment in her opening remarks.

The momentum continued with updates from Dr. Fiona Campbell and Maria Hudspith, co-chairs of the Canadian Pain Task Force, as well as

a message from Federal Minister of Health Patty Hajdu.

Network Patient Perspective Partners provided People with Lived Experience expertise on a number of panels, both on behalf of the Network as well as representing other organizations they are involved with independently.

Janice Sumpton, provided insight on the Innovations in post-surgical pain management across lifespan panel; Linda Wilhelm shared her thoughts at the Engaging People with Lived Experience Through Integrated Knowledge Translation: From Basic

Pain Research Design to Knowledge Synthesis to Clinical Policy Impact panel. And Richard Hovey hosted a panel featuring Jennifer Daly-Cyr, Therese Lane and Jacques Laliberté.

If you attended the meeting but missed any of these sessions, they are still available for viewing online on the event website.

The 2022 CPS Annual Scientific Meeting will take place in Montreal.

You can visit the Canadian Pain Society website to learn more:
<http://canadianpainsociety.ca>

Deadline Extended for Funding Opportunity

Centre of Excellence Extends Grant and Fellowship Application Deadlines

The Chronic Pain Centre of Excellence for Canadian Veterans is currently accepting Expressions of Interest for one-year research projects in the following areas: finding optimal construct(s) to measure the domain of Lifeskills and Preparedness; finding optimal construct(s) to measure the domain of Housing and Physical Environment; Needs of Veteran Populations to Inform Civilian Healthcare Providers; and Effectiveness

of Veteran Peer Coaching. Scholarship applications are also open for the François Dupéré Graduate Scholarship (Master's), the Centre of Excellence Graduate Scholarship (Master's) and Centre of Excellence Graduate Scholarship (PhD).

The new deadline is May 31, 2021.

For questions, please contact:
research@vcp-vdc.ca

Additional details can be found at:
<https://www.veteranschronicpain.ca/funding>

Canadian Pain Task Force Releases its Third and Final Report

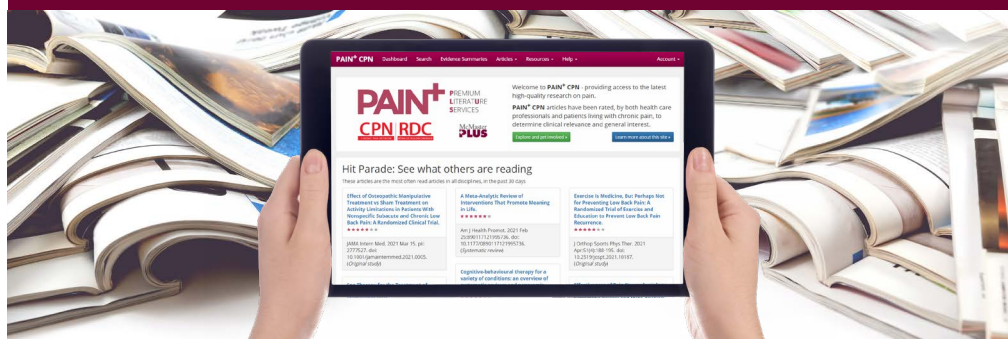
The third and final report from the Canadian Pain Task Force is now available for viewing. The report fulfills the Task Force's third mandate and looks at providing recommendations on priority actions to ensure people with pain are recognized and

supported and that pain is understood, prevented, and effectively treated across Canada.

To view the report, visit:

<https://www.canada.ca/en/health-canada/corporate/about-health-canada/public-engagement/external-advisory-bodies/canadian-pain-task-force/report-2021.html>

HUNDREDS OF JOURNALS AT YOUR FINGERTIPS.



Simultaneously search all of your favourite texts and PLUS for current best evidence – **fast, convenient and reliable!**

Choose your areas of interest to help tailor what articles you receive.

PAIN+CPN
PREMIUM LITERATURE SERVICES

Register online at painpluscpn.ca to search and receive your personalized email alerts.

Chronic Pain Network National Coordinating Centre Contacts

Dr. Norman Buckley
Scientific Director
905-525-9140, Ext 22413
buckley@mcmaster.ca

Kimberly Begley
Managing Director
905-525-9140, Ext 22959
begley@mcmaster.ca

Megan Groves
Communications Coordinator
905-525-9140, Ext 27724
grovem2@mcmaster.ca

Donna Marfisi
Administrative Assistant
905-525-9140, Ext 27359
marfisi@mcmaster.ca

Coming Events

Who: PainBC
What: Webinar: Is the Biopsychosocial Mode of Pain Adequate? Conceptual and Therapeutic Challenges
When: May 11, 2021
Time: 12 NOON PDT
Where: Online

For additional details, visit:
painbc.ca

Who: Canadian Pain Society
What: Annual General Meeting
When: May 20, 2021
Time: 12 NOON ET
Where: Online

For additional details, visit:
canadianpainsociety.ca

Who: IASP
What: IASP 2021 Virtual World Congress on Pain
When: June 9 - June 11, 2021
Where: Amsterdam

For additional details visit:
<https://iaspvirtualcongress.evareg.com/>

Mailing Address
MDCL-2101, McMaster University,
1280 Main Street West,
Hamilton, Ontario L8S 4K1

Email: cpn@mcmaster.ca
Website: cpn-rdc.ca